

CLINICAL DOCUMENTATION OF SIDDHA MEDICINE TO TREAT DENGUE FEVER

Dr.NISHA madam

Dengue fever is a disease caused by viruses that are transmitted to people by mosquitoes. It is prevalent throughout the tropics and subtropics. Dengue fever usually causes fever (high, about 104 F-105 F), skin rash and pain (headaches and often severe muscle and joint pains). The disease has also been termed "breakbone fever" or "dandy fever" because the unusually severe muscle and joint pains can make people assume distorted body. Symptoms of dengue fever include severe joint and muscle pain, swollen lymph nodes, headache, fever, exhaustion, and rash. The presence of fever, rash, and headache is characteristic of dengue fever.

Dengue hemorrhagic fever is a more severe form of the viral illness. Symptoms include headache, fever, rash, and evidence of bleeding (hemorrhage) in the body. Petechiae (small red spots or purple splotches or blisters under the skin), bleeding in the nose or gums, black stools, or easy bruising are all possible signs of hemorrhage. This form of dengue fever can be life-threatening and can progress to the most severe form of the illness, dengue shock syndrome.

Case study 1: A 18 year old male patient have visited my clinic with the symptoms of fever since 5 days, Rigor,cold, cough, headache and Body ache,The Platelets count were also reduced.There is more pain,no itching and no oozing of fluid. Other vital signs are normal and he had more stress in his life also.**Treatment:**The following line of treatment was given
a).Nilavembu kudineer chooranam -5gms decoction 4 hrs once, morning and night after food b) Adathodai kudineer chooranam -5gms morning and night after food with Buttermilk for 15 days ,c) Adathodai Seendhil chooranam - 5gms , as decoction morning ,afternoon and night before food d) Adathodai manapagu 15 ml 4 hrs once , e)Pappali Elai Tablets 2 tablets morning ,afternoon and night after food **Discussion:**The medicines showed 100% improvement in the Patient and the Platelets count were increased from 78,000 to 3,36,000